

Contact information for inquiries
about receiving pension benefits

0570-05-1165

If your telephone number starts with 050 please call

03-6700-1165

- Office hours: 9:00 - 17:00, Monday - Friday
- These numbers are not free of charge.

Contact information for inquiries
about coverage by the National Pension System

0570-003-004

If your telephone number starts with 050 please call

03-6630-2525

- Office hours: 9:00 - 17:00, Monday - Friday
- These numbers are not free of charge.

Contact information for inquiries
about the coverage by the Employees' Pension
Insurance and Employees' Health Insurance System

0570-007-123

If your telephone number starts with 050 please call

03-6837-2913

- Office hours: 9:00 - 17:00, Monday - Friday
- These numbers are not free of charge.