

## To Technical Interns and their employers (Implementing Organizations)

# Have you enrolled in Japanese public pension system?

### — Information on Japanese public pension system for Technical Interns —

The public pension system is a system that, by having people pay monthly contributions, provides benefits not only in old age, but also in the event of unpredictable risks such as disability and death. All residents of Japan aged 20 to 59\*, regardless of nationality, are required to be covered by the Japanese public pension system.

Technical Interns are also required to enroll in the Japanese public pension system (either the Employees' Pension Insurance or the National Pension).

\*For Employees' Pension Insurance, all persons under the age of 70 are required to be covered.

## Type of public pension systems Technical Interns need to enroll in

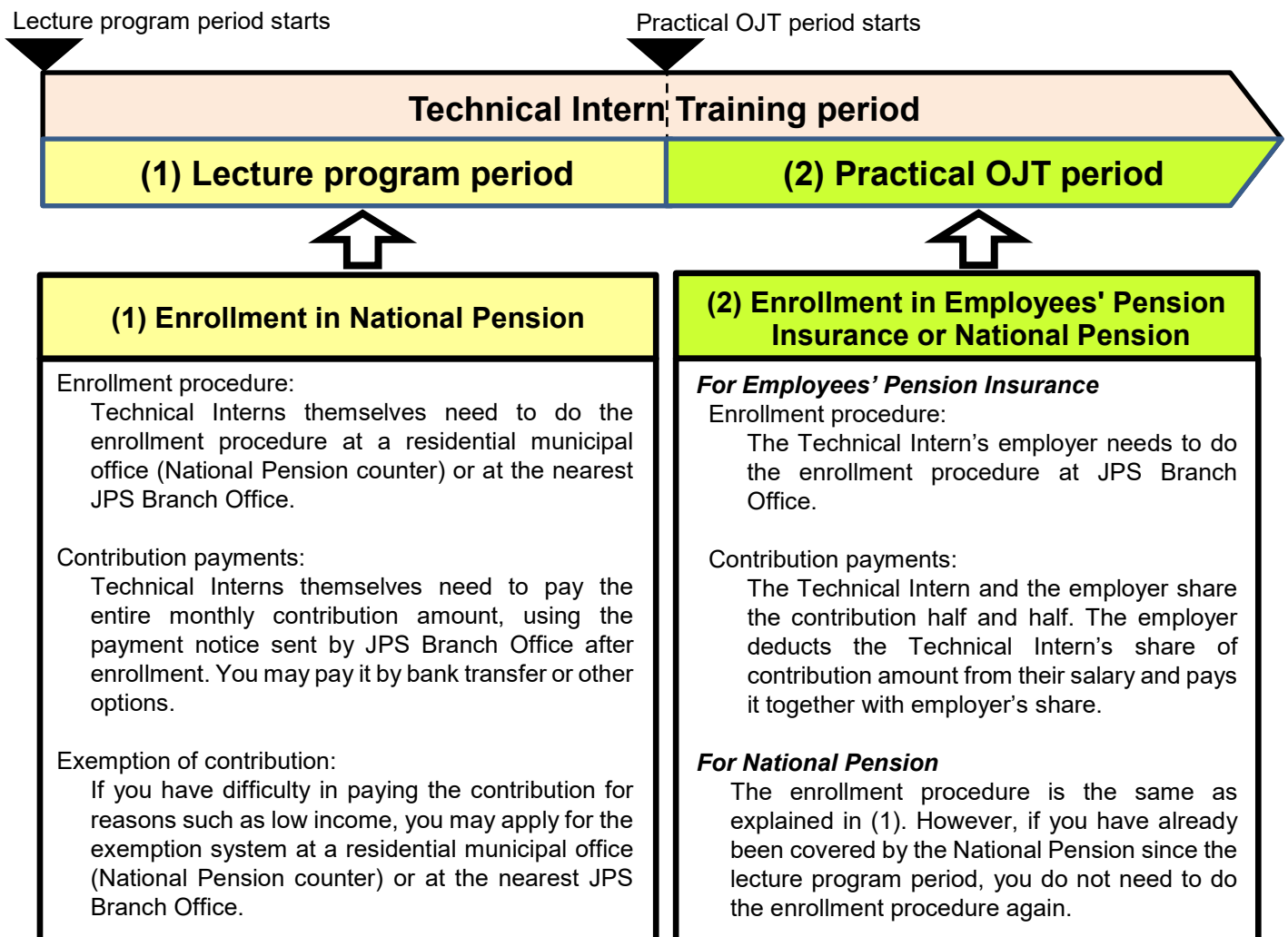
During the Technical Intern Training period, the pension system you need to enroll in differs depending on the training program as follows:

- (1) For lecture program period, you need to enroll in the National Pension.

Note: Even before your training program starts, you need to enroll in the National Pension when you register your address in Japan.

- (2) For practical on-the-job training (OJT) period following the lecture program period, you need to enroll in the Employees' Pension Insurance, or remain covered by the National Pension.

Note: If the workplace you work for as a Technical Intern is subject to the Employees' Pension Insurance, you need to enroll in the Employees' Pension Insurance. If it is not, you remain covered by the National Pension.



For more information about the pension system, please visit the Japan Pension Service website.  
(<https://www.nenkin.go.jp/international/index.html>)

